

Northumberland Communities Together is here to listen, chat and support at this time of year.

We want you to stay safe and well this winter.

If you, your family or neighbour needs a bit of extra help, please get in touch. We can connect you to support that's right for you.

You may be worried about staying warm, winter bills, feeling lonely or struggling with family pressures.

Give us a call, we're here to listen

There are lots of ways to talk to us; you can ring, email, or drop into our Community Hub in Cramlington.

Phone us on 01670 620 015 9am-6pm, 7 days a week

NCT@northumberland.gov.uk

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Language translator: If English is not your preferred language you can ask the advisor to use a translator. Type talk: 01800 10845 600 6400

If you are deaf or can't speak on the phone, contact us using Relay UK: 018001 01670 623 515 or Sign video: northumberlandcc-cs.signvideo.net



northumberland.gov.uk/communitiestogether